

Vitamin D Gummy

Supports musculoskeletal, cardiovascular, neurocognitive, cellular and immune health[†]

INDICATIONS

- Ages 4 and up
- Support for musculoskeletal, cardiovascular, neurocognitive, cellular and immune health[†]

BENEFITS

- Offers broad physiological support, including musculoskeletal, cardiovascular, neurocognitive, cellular and immune health[†]

FEATURES

- Great-tasting natural raspberry flavor
- Enhanced with organic berry/fruit blend
- Naturally flavored and lightly sweetened with prebiotic fiber isomalto-oligosaccharides, cane sugar, and stevia

VERIFIABLE SCIENCE

Vitamin D's role in immune health has long been established; vitamin D receptors are found on a number of immune cells, including lymphocytes and macrophages, supporting healthy immune cell activation.^{1,2} Vitamin D promotes intestinal calcium absorption and reduces urinary calcium loss, essential mechanisms for maintaining proper calcium levels in the body and for healthy bone composition.^{3,4} Research indicates that it also promotes cellular health, including support for breast, colon, and prostate tissue, in part by helping to maintain healthy blood vessel function, supporting immune cell activity, and maintaining healthy cell metabolism.⁵ Vitamin D also supports cardiovascular function in some individuals.^{6†}

SUGGESTED USE

As a dietary supplement, children ages 4 and up, take 1 gummy daily, with a meal. Adults, take 1 gummy, 1-2 times daily, with meals.

STORAGE

Store in a cool, dry place.

WARNING

If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

NOTES

Berry-shape gummy
Bottle count 100
Order code VDG1
Bottle size 300 cc
Gluten-free (not-certified)
Hypoallergenic
Vegan/Vegetarian
Non-GMO[†]

REFERENCES

1. Hossein-nezhad A, Spira A, Holick MF. *PLoS One*. 2013;8(3):e58725.
2. Drozdenko G, Heine G, Worm M. *Exp Dermatol*. 2014 Feb;23(2):107-12.
3. Dawson-Hughes B, et al. *N Engl J Med*. 1997 Sep 4;337(10):670-6.
4. Bischoff-Ferrari HA, et al. *JAMA*. 2005 May 11;293(18):2257-64.
5. Garland CF, et al. *Am J Public Health*. 2006 February; 96(2): 252–261.
6. Giovannucci E, Liu Y, Hollis BW, Rimm EB. *Arch Intern Med*. 2008 Jun 9;168(11):1174-80.

SUPPLEMENT FACTS

Children ages 4 and up, take 1 gummy daily, with a meal
Adults, 1 gummy, 1-2 times daily, with meals

Each gummy (2.2 g) contains

| | |
|--------------------------------|--------|
| Total carbohydrate | 1 g |
| Total sugars | <0.5 g |
| Includes <0.5g of added sugars | |

| | |
|---|-------------------|
| Vitamin D (as cholecalciferol) | 25 mcg (1,000 IU) |
| Sodium | 10 mg |
| Berry/Fruit powder blend (organic) | 25 mg |
| strawberry fruit, raspberry fruit, blueberry fruit, tart cherry fruit, pomegranate fruit, cranberry fruit | |

Other ingredients: isomalto-oligosaccharides, purified water, organic cane sugar, pectin, natural raspberry flavor, citric acid, sodium citrate, black carrot color, stevia leaf extract, coating (organic sunflower oil, carnauba wax)



| Vitamin D Gummy | Quantity | Order Code |
|-----------------|----------|------------|
| | 100 | VDG1 |

[†]Visit PureEncapsulations.com for more information about our GMO policy