



PS 100 (standardized phosphatidylserine)

What Is It?

Phosphatidylserine is a phospholipid found in all cells, but is most concentrated in brain cells.*

Uses For PS 100

Memory And Cognitive Function Support: This familiarly called “brain nutrient” supports cognitive function, emotional well being and behavioral performance by restoring cell membrane composition. It has also been shown to support memory. In a double blind placebo-controlled multicenter study of 425 individuals, daily supplementation of phosphatidylserine over six months resulted in statistically significant support of behavioral and cognitive parameters. In another six-month study of 40 individuals, phosphatidylserine supplementation enhanced cerebral metabolism and outcomes of cognitive training. These findings are consistent with earlier studies. In a placebo-controlled investigation of 149 subjects, the group receiving phosphatidylserine scored higher than placebo in performance tests related to memory tasks of daily life. In a trial of 35 subjects, those receiving phosphatidylserine exhibited behavioral support after six months.*

What Is The Source?

Pure Encapsulations PS 100 contains 95-98% phosphatidylserine derived from soy. There is no detectable GMO material in this product. Hypo-allergenic plant fiber is derived from pine cellulose.

Recommendations

Pure Encapsulations recommends 3 capsules per day, in divided doses, with meals.

Are There Any Potential Side Effects Or Precautions?

At this time, there are no known side effects or precautions. If pregnant or lactating, consult your physician before taking this product.

Are There Any Potential Drug Interactions?

At this time, there are no known adverse reactions when taken in conjunction with medications.

PS 100

each vegetable capsule contains



phosphatidylserine (min.) 100 mg.
(hypo-allergenic plant fiber added to complete capsule volume requirement)

3 capsules per day, in divided doses, with meals.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For educational purposes only. Consult your physician for any health problems.