

Joint Complex (single dose)[†]

Once-daily joint support formula[†]

INDICATIONS

- Ages 18 and up
- Joint mobility and comfort[†]

BENEFITS

- Promotes overall joint health, mobility, and comfort[†]
- Supports cartilage health[†]
- Enhances tissue hydration and joint lubrication[†]

FEATURES

- Convenient once-daily capsule
- Offers a combination of cartilage building blocks and herbal extracts[†]

VERIFIABLE SCIENCE

Joint Complex (single dose) contains UC-II® undenatured type-II collagen complex, hyaluronic acid and MSM to support joint health, flexibility, and comfort. In a randomized, double-blind trial involving 52 subjects, 40 mg of UC-II® was more than twice as effective in promoting joint health as 1,500 mg of glucosamine and 1,200 mg of chondroitin as rated by WOMAC, VAS, and the Lequesne functional index.¹ Another study involving five women supplemented with 40 mg of UC-II® for 42 days, indicated statistically significant support for joint comfort and flexibility.² MSM provides sulfur to enhance the structure and integrity of proteoglycans. A randomized, double-blind, placebo-controlled trial indicates that MSM promotes joint comfort and function.³ Research suggests that MSM may also support antioxidant capacity during exercise.⁴ Hyaluronic acid helps maintain tissue hydration to support joint lubrication.⁵ HyaMax® sodium hyaluronate provides a low molecular weight source of hyaluronic acid produced through fermentation. In a pharmacokinetic study, orally administered HyaMax® hyaluronic acid was incorporated into joints, connective tissue, and skin, with a particular affinity for cartilaginous joints. Lastly, 5-LOXIN® AKBA boswellia and enhanced absorption Meriva® turmeric extracts help maintain healthy 5-lipoxygenase and cyclooxygenase-2 enzyme activity and cytokine metabolism to offer additional joint comfort support.^{6,7†}

SUGGESTED USE

As a dietary supplement, take 1 capsule daily, with a meal.

STORAGE

Store in a cool, dry place.

WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

SOURCE

- UC-II® standardized cartilage is derived from chicken sternum cartilage using a patented, low-temperature manufacturing process and standardized to contain 25% total collagen.
- Low molecular weight hyaluronic acid is derived from fermentation.
- MSM (methylsulfonylmethane) is synthetic.
- Meriva® turmeric phytosome is derived from turmeric extract (*Curcuma longa*) root and standardized to contain 18% curcuminoids, and phospholipids derived from sunflower.
- 5-LOXIN® AKBA extract is derived from *Boswellia serrata* gum resin and standardized to contain 30% 3-acetyl-11-keto-beta-boswellic acid (AKBA).
- Ascorbyl palmitate is derived from corn dextrose fermentation and palm oil.

NOTES

Size 00 capsules

Bottle count 30/60

Order code JC3/JC6

Bottle size 120 cc/190 cc

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REFERENCES

1. Crowley DC, et. al. *Int J Med Sci.* 2009; 6(6): 312–321.
2. Bagchi D, et. al. *Int J Clin Pharmacol Res.* 2002;22(3-4):101-10.
3. Debbi EM, et. al. *BMC Complement Altern Med.* 2011 Jun 27;11:50.
4. Nakhostin-Roohi B, et. al. *J Pharm Pharmacol.* 2011 Oct;63(10):1290-4.
5. Tashiro T, et. al. *ScientificWorldJournal.* 2012; 2012: 167928.
6. Krishanu Sengupta, et. al. *Arthritis Res Ther.* 2008; 10(4): R85.
7. Belcaro G, et. al. *Panminerva Med.* 2010 Jun;52(2 Suppl 1):55-62.

SUPPLEMENT FACTS

1 capsule daily, with a meal.

Each (size 00) vegetarian capsule contains:

| | |
|---|--------|
| UC-II [®] standardized cartilage (from chicken sternal cartilage) (standardized to contain 10 mg total collagen) | 40 mg |
| Hyaluronic acid (low molecular weight) | 70 mg |
| MSM (methylsulfonylmethane) | 400 mg |
| Meriva [®] turmeric phytosome (turmeric (<i>Curcuma longa</i>) extract (root) and sunflower phospholipid complex)(standardized to contain 18% curcuminoids) | 100 mg |
| 5-LOXIN [®] - <i>Boswellia serrata</i> extract | 100 mg |
| Indian frankincense (<i>Boswellia serrata</i>) extract (gum resin) (standardized to contain 30% 3-acetyl-11-keto-beta-boswellic acid (AKBA)) | |
| Other ingredients: vegetarian capsule (cellulose, water), potassium chloride, ascorbyl palmitate | |

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HyaMax[®] is a U.S.A. registered trademark of Fenchem.

OptiMSM[®] is a registered trademark of Bergstrom Nutrition.

Not to be taken by pregnant or lactating women.



| Joint Complex (single dose) [†] | Quantity | Order Code |
|--|----------|------------|
| | 60 | JC6 |
| | 30 | JC3 |

Visit PureEncapsulationsPro.com for more information about our GMO policy.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.