

# ADR Formula®

## Comprehensive adrenal support formula†

### INDICATIONS

- Ages 18 and up
- Helps maintain a healthy immune response‡

### BENEFITS

- Support for the adrenal glands‡
- Helps maintain a healthy immune response‡

### FEATURES

- Made with high-quality ingredients backed by verifiable science

### VERIFIABLE SCIENCE

This formula combines whole adrenal and adrenal cortex with a blend of herbs and nutrients to support the function of the adrenal glands. Whole adrenal and adrenal cortex nutritionally support the proper functioning of the adrenal glands. Both *Eleutherococcus senticosus* and *Panax ginseng* have adaptogenic properties to help balance physiological functions in the body, including adrenal gland function.<sup>1,2</sup> Licorice extract helps to maintain healthy cortisol metabolism, while calcium pantothenate promotes healthy adrenal gland activity.<sup>3</sup> *Eleutherococcus senticosus* and *Panax ginseng* also support a healthy stress response and immune function.<sup>2,4†</sup>

### SUGGESTED USE

As a dietary supplement, take 1 capsule daily, between meals, or as directed by a health professional.

### STORAGE

Store in a cool, dry place.

### WARNING

Not to be taken by pregnant or lactating women. If you have any health condition or are taking any medication, consult your health professional before use.

### SOURCE

- Whole adrenal and adrenal cortex are derived from pasture-fed, pesticide-free bovine herds. These glandular extracts are freeze-dried and vacuum-dried.
- *Panax ginseng* extract is derived from the root and standardized to contain 5% total ginsenosides.
- *Eleutherococcus senticosus* extract is derived from the root and standardized to contain 0.8% eleutherosides.

- Licorice extract is derived from the root and standardized to contain 20% glycyrrhizic acid.
- Calcium pantothenate (vitamin B<sub>5</sub>) is synthetic.
- Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil.

### NOTES

Size 00 capsule

Bottle count 60/120

Order code AD6/AD1

Bottle size 190 cc/290 cc

### REFERENCES

1. Kim HG, et. al. *PLOS One* 2013 Apr 17;8(4):e61271.
2. Gaffney BT, et. al. *Life Sci.* 2001 Dec 14;70(4):431-42.
3. Al-Dujaili EA, et. al. *Mol Cell Endocrinol.* 2011 Apr 10;336(1-2):102-9.
4. Nguyen NH, Nguyen CT. *Inflammopharmacology.* 2019 Oct;27(5):871-3.

### SUPPLEMENT FACTS

**1 capsule daily, between meals, or as directed by a health professional.**

**Each (size 00) vegetarian capsule contains:**

Pantothenic acid (as calcium pantothenate) (B <sub>5</sub> )	100 mg
Asian ginseng ( <i>Panax ginseng</i> ) extract (root) (standardized to contain 5% total ginsenosides)	200 mg
Eleuthero ( <i>Eleutherococcus senticosus</i> ) extract (root) (standardized to contain 0.8% eleutherosides)	100 mg
Licorice ( <i>Glycyrrhiza glabra</i> ) extract (root) (standardized to contain 20% glycyrrhizic acid)	100 mg
Whole adrenal (bovine)	150 mg
Adrenal cortex (bovine)	75 mg
Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate	

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ADR Formula®	Quantity	Order Code
	120	AD1
	60	AD6

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